

10th Annual Grief Education Conference

Restoring Ourselves Pathways to Emotional Healing for the Bereaved

Speaker Philip Chard, LCSW



We are all wounded in this life, as the bereaved know all too well. And, just as the body strives to heal our physical injuries, so do mind and soul seek to heal our emotional and spiritual wounds and restore well-being. Together, we will explore the science and art of emotional and spiritual healing. Drawing from practices, both ancient and modern, this interactive program focuses on identifying and applying healing pathways, both within ourselves and in the external world, that ease our loss and nurture our renewal.

For adults, families & friends grieving the loss of someone who has died.

Thursday, September 19, 2019 6:00 to 8:00pm (Doors open at 5:30 pm)

Ascension Medical Group

5th Floor Conference Center 201 N. Mayfair Road Wauwatosa, WI 53226

FREE to the General Public

Registration is appreciated but not necessary.

Rsvp online <http://www.sewgn.com/event-registration.html> at or 414-266-2995

****Free parking in the structure for easiest access to the program ****

Philip Chard, LCSW is a practicing psychotherapist, consultant, author and trainer who writes an award-winning weekly column titled "Out of My Mind," and is author of *The Healing Earth*, which won the Midwest Publishers Award, and *Nature's Ways*, which examines the spiritual aspects of nature interaction. After 30 years of service, he recently retired as President/CEO of Empathia, Inc., a nationwide behavioral care firm providing health, safety and productivity solutions for over 340 organizations representing over 2 million covered lives. In addition, Philip is a contributing writer to *Chicken Soup for the Woman's Soul*, has been a guest expert on ABC Television's *20/20*, and has presented at the Brookings Institution, among many other venues. Previously, he was Director of Behavioral Science Education at Michigan State University's College of Human Medicine, where he was an associate professor and received the Outstanding Faculty Award. Philip holds a MS in counseling psychology, is a licensed clinical social worker, completed five years of post-masters study in health psychology from Saybrook University, is a Master Practitioner of Neuro-Linguistic Programming (NLP) and a nationally recognized leader in the field of applied eco-psychology.

Sponsored by SEWGN, the Southeast Wisconsin Grief Network, with special thanks to those listed below for their support:



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